So Simple, So Hard: Taking Medication as Directed

Medication adherence strategies to improve health outcomes and reduce health disparities

September 15, 2015 – Sacramento, California

MORNING TABLE DISCUSSION

At your table, discuss 1-2 of the following questions. Appoint one note taker, and make sure to turn in a summary of your discussion at the registration desk.

1) In your work or in your experience, what are the biggest barriers in reaching underserved populations with the adherence message?
2) What are the opportunities among stakeholders to overcome those barriers?
3) List and describe some possible partnerships and collaborations that could provide solutions to the barriers.
4) Are there research possibilities that could provide solutions?

Notes:

Note taker name:_____

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AFTERNOON TABLE DISCUSSION

What will YOU do? At your table, discuss the following questions. Appoint a note taker, and make sure to turn in a summary of your discussion at the registration desk.

1) What is one thing you or your organization can do to improve adherence? (See list below)
2) **Post your Pledge!** Personally take the pledge to work to improve adherence for better health outcomes. Use the sticky notes provided to post your pledge(s) on at least one easel at the front of the room.
    i. Share research, findings and learnings from the conference with others
    ii. Connect/collaborate with others
    iii. Implement a tool
    iv. Promote better communication with patients
    v. Get involved in research
    vi. Reduce health disparities
    vii. Create your own pledge!

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